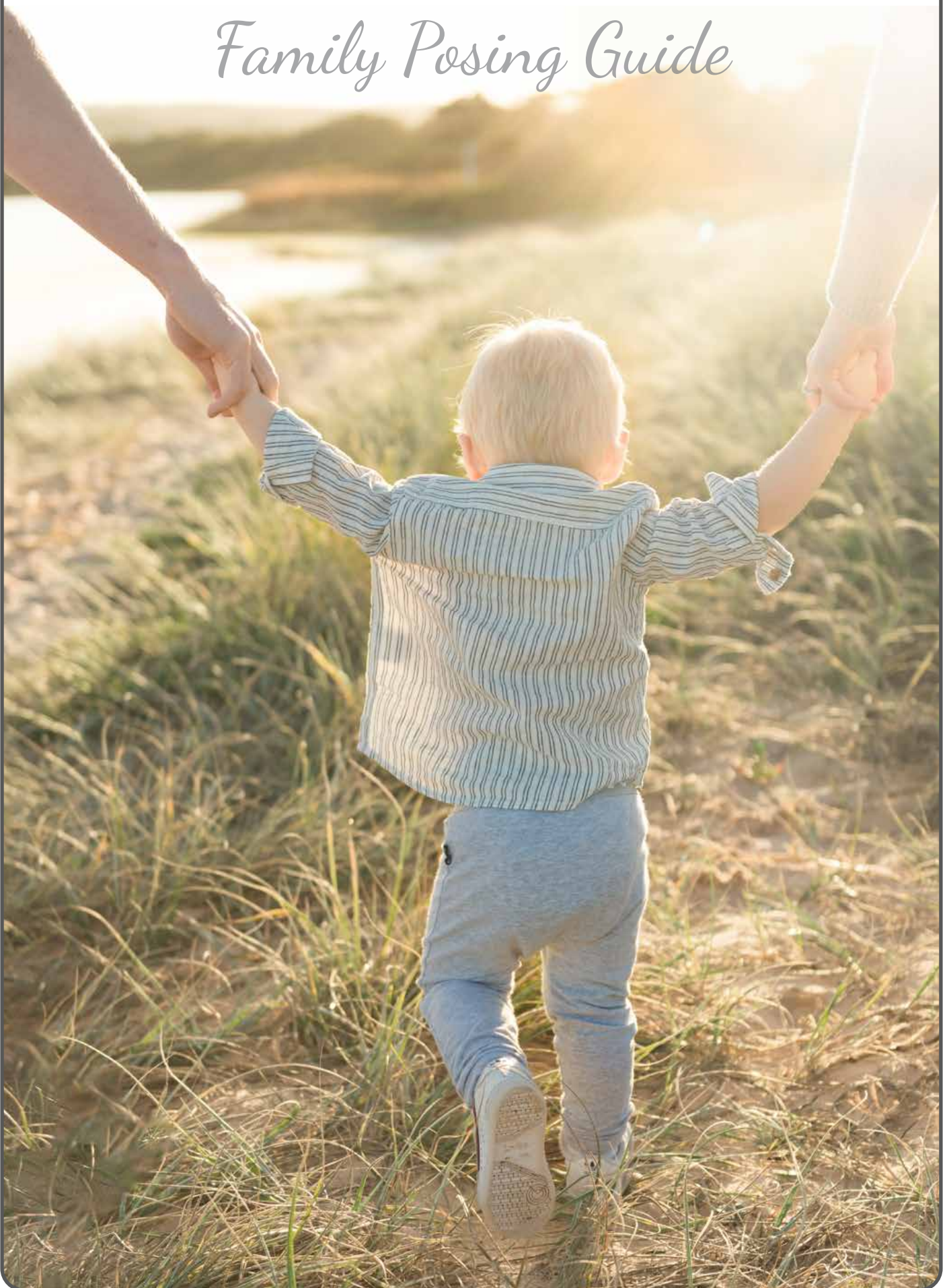


*bree hulme*  
EDUCATION

# *Family Posing Guide*



You have a beautiful family, a stunning location, the light is perfect and now you need to capture this families photos. So how do you pose them, getting a variety of shots and filling up a beautiful gallery?

Here are the top poses I do with families to get a full and varied gallery.

### **1. *The Grandparent Photo ~ Everyone Smiling at the Camera***

I start all my sessions with this photo. It gives children time to warm up whilst they are in the comfort of Mum and Dad's arms and makes sure we get that one photo with everyone looking at the camera. I also find young children are most curious about me and the camera straight at the beginning of the session, and so more willing to look directly at the camera.

I always make sure the child is in the middle of their parents and get everyone smiling and looking at the camera. Then it is time to play and move.





Whilst staying in the same pose, I get the parents to look at their child, snuggle and kiss and whisper “I love you” into their ears. We might even end with some tickles and raspberries to get those really big smiles.



## 2. *Child standing in front of parents*

Once we have those first few photos, I get the child to stand in front of the parents, holding one hand each. This is a great way to capture the contrast in size of the child and parents, and leads into some fun games.



I get the child to run between their parents and me, and then back again, ending with cuddles or being lifted into the air. This always brings out lots of smiles and giggles from parents and child.





### 3. *Family walking and holding hands*

This is one of my favourite poses with families. It gives both the option for close up shots, full body photos and lanscape captures. Families often have fun with this activity, swinging and playing as they walk along. It is less about “having a photo” and more about being together in the moment.



#### 4. Photos with Dad

I start with Dad cuddling their child in close. Maybe they whisper something in their ear, or tell a little joke. A kiss on the cheek and a little tickle. And then I tell dad to play with them. Maybe they throw them up in the air, or dance around with them or put their child up on their shoulders. This pose is about capturing Dad's in motion with their child, being natural and having fun.



## 5. Photos with Mum

Again I start with Mum snuggling their child in close - cuddles and kisses and whispers of “I love you”. Then it is play - dance or twirl and tickle. Again this pose is about being natural and having fun with their child.





## 6. All sitting down for cuddles

I usually pose the parents first for this, with Mum leaning slightly on Dad's chest, bringing them in nice and close. Then the child can sit on Mums lap, in the middle of the family. Again this is a time for cuddles, kisses, tickles, whispering to each other, telling stories and games like "round-and-round-the-garden" or "this-little-piggie".





Whilst every session and family is unique, these are my go to poses in all of my family sessions. Each family will bring to the session, and the poses, their own personalities and quirks, which is what makes family photography so fun.

Remember to always move around your subjects, capture different angles, close ups, full body shots and different details, to make sure you are capturing the full story of each family.



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